



Fascial Manipulation® Course Level 4

Systemic Dysfunctions and Superficial Fascia

Day 1

08.30-09.30	Anatomy of the superficial fascia	MD
09.30-10.30	The quadrants, general introduction	PT
10.30-10.45	Coffee Break	
10.45-12.00	Anatomy of the adipose system	MD
12.00-13.00	Assesment chart and adipotome evaluation	PT
13.00-14.00	Lunch	
14.00-15.30	Adipotome evaluation, practical part (the participants evaluate each other's, filling the chart for the adipotome)	All
15.30-16.15	Adipotome treatment	PT
16.15-16.30	Coffee Break	
16.30-18.00	Adipotome treatment, practical part (the participants treat the adipotome that were found during evalaution)	All

Day 2

08.30-09.30	The lymphantic system (lymph nodes included)	MD
09.30-10.45	Assessment chart for lymphotomy evaluation, evaluation	PT
10.45-11.00	Coffee Break	
11.00-12.00	Lymphotom evaluation between participants and chart filling	All
12.00-13.00	Treatment of altered lymphotom founded between participants	All
13.00-14.00	Lunch	
14.00-15.00	Superficial fascia and nerves	MD
15.00-16.15	Assessment chart for dermatome evaluation. Assessment and treatment	PT
16.15-16.30	Coffee Break	
16.30-17.15	Evaluation of the various dermatomes by the participants and compilation of assessment chart.	All
17.15-18.00	Treatment of dermatomes, identification of the emergence of the main cutaneous nerves	All

Day 3

08.30-09.30	What are the systems	PT
09.30-10.45	The vegetative para and prevertebral ganglia	MD
10.45-11.00	Coffee Break	PT
11.00-12.00	Presentation of deep points, presentation and demonstration of the treatment	PT
12.00-13.00	The participants try the treatment of deep points	All
13.00-14.00	Lunch	
14.00-15.00	The adipose-metabolic system	MD
15.00-16.00	Indications and treatment of the adipose - metabolic system	PT
16.00-16.15	Coffee Break	
16.15-17.30	Treatment of a clinical case	PT
17.30-18.00	Discussion	PT

Day 4

08.30-09.30	The immune system	MD
09.30-10.45	Indications and treatment of lymphatic - immune system	PT
10.45-11.00	Coffee Break	
11.00-12.00	SAM practice	All
12.00-13.00	SLI practice	All
13.00-14.00	Lunch	All
14.00-15.00	Indications for cutaneo - thermoregulator system	PT
15.00-16.00	The participants try the points at the level of the plexus emergency	All
16.00-16.15	Coffee break	
16.15-17.30	FM chart for level IV and how to manage the sessions	PT
17.30-18.00	Case reports	PT

Day 5

08.30-09.30	The reflex pain	MD
09.30-10.30	Introduction to the neuromotor re-education according to FM	MD
10.30-10.45	Coffee Break	
10.45-12.00	Fasciae and psychic system	PT
12.00-13.00	Suggestions for the psychic system treatment	PT

13.00-14.00	Lunch	
14.00-16.00	Compilation of assessment charts	All
16.00-16.15	Coffee Break	
16.15-17.30	Treatment between participants and strategy discussion	All
17.30-18.00	Examination and revision	All

The program may be subject to changes based on particular needs.