



Fascial Manipulation® Course

Hybrid Level 4

«Manus sapiens potens est: a knowledge hand is powerful»

Program 4A on-line

BASIC SCIENCE OF THE SUPERFICIAL FASCIA

Welcome and course introduction	Antonio Stecco
Anatomy of the superficial fascia	Carla Stecco
Anatomy and physiology of the adipose tissue: the adipotomere	Carla Stecco
Anatomy and physiology of the lymphatic system: the lymphatomere	Carla Stecco
Fascia entrapment neuropathy	Carla Stecco

CLINICAL SCIENCE OF THE SUPERFICIAL FASCIA

The quadrants	Antonio Stecco
Evaluation and treatment of the adipotomere (Freschi)	Lorenzo Freschi
Evaluation and treatment of the lymphatomere (Freschi)	Lorenzo Freschi
Evaluation and treatment of the dermatomere	Antonio Stecco
Videos of the manual techniques	Antonio Antonio

THE SYSTEMS

The systems	Antonio Stecco
The vegetative system: prevertebral and paravertebral ganglia	Carla Stecco
The thermoregulator system	Antonio Stecco
The immunitary system	Lorenzo Freschi
The metabolic system	Lorenzo Freschi
Pain projected between systems	Carla Stecco
Suggestions for treating SPS	Antonio Stecco
The assessment chart of the system	Antonio Stecco
Fibromyalgia	Carla Stecco

Program 4B on-site

Day 1

08.30-09.30	Division of the quadrants. Demonstration.	Theory
09.30-10.30	Division of the quadrants. Practical part.	Practical
10.30-10.45	Coffee Break	
10.45-12.00	Evaluation of SLI	Theory
12.00-13.00	Evaluation of SLI. Practical part	Practical
13.00-14.00	Lunch	
14.00-15.00	Treatment of SLI	Theory
15.00-16.00	Treatment of SLI	All
16.00-16.15	Coffee Break	
16.15-17.00	Treatment of a patient.	Theory
17.00-18.00	Discussion of the treatment	All

Day 2

08.30-09.30	Evaluation of SAM	Theory
09.30-10.30	Evaluation of SAM. Practical part	All
10.30-10.45	Coffee Break	
10.45-12.00	Treatment of SAM and deep points.	Theory
12.00-13.00	Treatment of SAM	All
13.00-14.00	Lunch	
14.00-15.30	Evaluation of CTS	All

15.30-16.00	Evaluation of CTS. Practical part	Theory
16.00-16.15	Coffee Break	All
16.15-17.00	Treatment of CTS (main nerves)	Theory
17.00-18.00	Treatment of CTS (main nerves)	All

Day 3

08.30-09.30	The assessment chart	Theory
09.30-10.30	Presentation and discussion of some case reports	All
10.30-10.45	Coffee Break	
10.45-13.00	Assessment chart, palpation and treatment of colleagues/external patients.	All
13.00-14.00	Lunch	
14.00-16.00	Charts review and discussion	All
16.00-16.15	Coffee Break	
16.15-17.00	Treatment among participants	All
17.00-18.00	Examination and revision	All

The program may be subject to changes based on particular needs.