

FASCIAL MANIPULATION INSTITUTE BY STECCO

FASCIAL MANIPULATION® INTERNATIONAL SCHOOL 3rd edition

PROGRAM - September

	Time	THE MYOFASCIAL DIAGONALS	
September 24, 2026	08:30 - 09:30 am	How to localize and palpate CFs	Lahtinen Tiina
	09:30 - 09:45 am	Ante-medio diagonal: CF of the trunk and head (demonstration)	Stecco Antonio
	09:45 - 10:30 am	Ante-medio diagonal: CF of the trunk and head (practical)	Lahtinen Tiina
	10:30 - 10:45 am	Break	
	10:45 - 11:00 am	Ante-medio diagonal: CF of the lower limb (demonstration)	Stecco Antonio
	11:00 - 01:00 pm	Ante-medio diagonal: CF of the lower limb (practical)	Lahtinen Tiina
	01:00 - 02:00 pm	Lunch	
	02:00 - 02:30 pm	Ante-medio diagonal: CF of the upper limb (demonstration)	Stecco Antonio
	02:30 - 04:30 pm	Ante-medio diagonal: CF of the upper limb (practical)	Stecco Antonio
	04:30 - 04:45 pm	Break	
	04:45 - 05:00 pm	Ante-latero diagonal: CF of the trunk and head (demonstration)	Lahtinen Tiina
	05:00 - 05:30 pm	Ante-latero diagonal: CF of the trunk and head (practical)	Stecco Antonio
	05:30 - 06:00 pm	Participants case reports	Stecco Antonio
	September 25, 2026	08:30 - 09:30 am	The level II assessment chart
09:30 - 09:45 am		Ante-latero diagonal: CF of the lower limb (demonstration)	Stecco Antonio
09:45 - 10:30 am		Ante-latero diagonal: CF of the lower limb (practical)	Lahtinen Tiina
10:30 - 10:45 am		Break	
10:45 - 11:15 am		Ante-latero diagonal: CF of the upper limb (demonstration)	Stecco Antonio
11:15 - 01:00 pm		Ante-latero diagonal: CF of the upper limb (practical)	Lahtinen Tiina
01:00 - 02:00 pm		Lunch	
02:00 - 02:30 pm		Retro-medio diagonal: CF of the trunk and head (demonstration)	Lahtinen Tiina
02:30 - 04:30 pm		Retro-medio diagonal: CF of the trunk and head (practical)	Stecco Antonio
04:30 - 04:45 pm		Break	
04:45 - 05:00 pm		Retro-medio diagonal: CF of the lower limb (demonstration)	Lahtinen Tiina
05:00 - 05:30 pm		Retro-medio diagonal: CF of the lower limb (practical)	Stecco Antonio
05:30 - 06:00 pm		Participants case report	Stecco Antonio
September 26, 2026		08:30 - 09:30 am	Palpation evaluation inter rehabilitee.
	09:30 - 09:45 am	Retro-medio diagonal: CF of the upper limb (demonstration)	Lahtinen Tiina
	09:45 - 10:30 am	Retro-medio diagonal: CF of the upper limb (practical)	Lahtinen Tiina
	10:30 - 10:45 am	Break	
	11:15 - 11:45 am	Retro-latero diagonal: CF of the trunk and head (demonstration)	Stecco Antonio
	11:45 - 01:00 pm	Retro-latero diagonal: CF of the trunk and head (practical)	Lahtinen Tiina
	01:00 - 02:00 pm	Lunch	
	02:00 - 02:30 pm	Retro-latero diagonal: CF of the lower limb (demonstration)	Stecco Antonio
	02:30 - 04:30 pm	Retro-latero diagonal: CF of the lower limb (practical)	Stecco Antonio

	04:30 - 04:45 pm 04:45 - 05:00 pm 05:00 - 05:30 pm 05:30 - 06:00 pm	Break Retro-latero diagonal: CF of the upper limb (demonstration) Retro-latero diagonal: CF of the upper limb (practical) Participants assess their colleagues: assessment chart, hypothesis, movements verification, palpatory verification	Stecco Antonio Stecco Antonio Stecco Antonio
September 27, 2026	08:30 - 09:30 am 09:30 - 10:30 am 10:30 - 10:45 am 10:45 - 01:00 pm 01:00 - 02:00 pm 02:00 - 04:30 pm 04:30 - 04:45 pm 04:45 - 05:30 pm 05:30 - 06:00 pm	FM and TMJ disfunctions Participants charts presentation and discussion Break Participants treatment Lunch Participants assess their colleagues (inverted role) Break Participants charts presentation and discussion Exam	Lahtinen Tiina Stecco Antonio Stecco Antonio Stecco Antonio Lahtinen Tiina Stecco Antonio